



Serving Employees and Retirees of School Districts in Smithtown, South Country, Three Village

Spring Bulletin 2023

SSEHP New Health Care Premiums Effective July 1, 2023

As a health plan we work very hard to provide you with premiums that are competitive to comparable health plans in our area, while still offering you and your family with the greatest access to quality health care. The following rates will apply as July 1, 2023 through June 30, 2024:

- Individual - \$1,139.22
- Family - \$2,401.25
- Medicare Primary Individual - \$655.04
- Medicare Prime 1 (1 over 65 and 1 under 65) - \$1,902.86
- Medicare Prime 2 (both members over 65) - \$1,466.72

Please note: The percentage of premium that you pay is dependent upon your current contract with your district.

Suffolk School Employees Health Plan: COVID-19 Public Health Emergency (PHE) Expiration:

On January 30th, 2023, the Biden administration announced its plans to end the Public Health Emergency (PHE). The administration's guidance meets their promise of 60 days' notice of the end of the PHE. Based on the guidance, the PHE will end on **May 11, 2023.**

How will this impact SSEHP **Commercial Non-Medicare Plan** participants?

- COVID-19 Vaccines will continue to be covered by the Plan.
- Antiviral medications (i.e. Paxlovid and molnupiravir (Lagevrio)) will be covered and the Tier 3 copay will apply
- Over The Counter (OTC) COVID-19 Test Kits, will fall in the OTC category and as such will not be covered by our Plan

How will this impact SSEHP **Medicare Plan** participants?

Provided below is a summary of Optum Rx's standard approach for coverage when the PHE ends.

- COVID-19 vaccines: Cover, Advisory Committee of Immunization Practices (ACIP) recommended, and Centers for Disease Control and Prevention (CDC) adopted COVID-19 vaccine and booster serum and administration.
- Antivirals: Cover, U.S. Federal Food and Drug Administration (FDA) approved or authorized COVID-19 treatments, including Paxlovid and molnupiravir (Lagevrio). Once a commercial product is available, claims will

process in accordance with the member's benefits. Medicare plans continue coverage, including coverage of COVID-19 treatments without cost sharing, through December 31, 2023.

- Over-the-counter (OTC) tests: Not Covered, For Medicare Part D and EGWP, no coverage of OTC test kits will be provided.

Coverage of prescription weight loss medications: Commercial Non-Medicare Plan Only

Effective July 1, 2023, Suffolk School Employees Health Plan have elected to add coverage for weight loss medications.

For medications in this class, (i.e. Saxenda, Wegovy, Contrave, Qsymia, Xenical, and Orlistat) coverage will begin July 1, 2023. Prior Authorization, Step Therapy and Quantity limits will apply. Approved Prior Authorization will be entered for up to six (6) months. The associated brand copay will apply.

Members and physicians can initiate a Prior Authorization through www.optumrx.com

Imcivree will remain excluded.

Over the Counter (OTC) medications (i.e. Alli) will not be covered as the Plan does not cover OTC products.

Why is UHC calling?

A compassionate UnitedHealthcare nurse or advocate may be reaching out to offer extra support. They may be trying to contact you to help schedule appointments, enroll you in complimentary programs and answer your

questions. UHC is reaching out for a caring conversation

UHC may be connecting with those who are:

Recovering from a hospital stay They'll confirm that you've received and understand your after-care instructions, medications, etc.

Managing a condition They'll reach out to provide caring assistance to those with cancer, asthma, diabetes, heart failure, kidney issues and more.

Expecting a baby If pregnant, an experienced maternity nurse may call to provide support.

Missed the UHC call? Call the number on your health plan ID card

Find quality care with Premium Providers

Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs.

Physicians must meet quality criteria to be eligible to be a premium provider. Quality is the primary program measurement, assessed using national standardized measures from organizations such as the National Quality Forum (NQF) and the National Committee for Quality Assurance (NCQA). NCQA's Physician and Hospital Quality (PHQ) Certification program evaluates how well health plans measure and report the quality and cost of physicians and hospitals.

- Physician and Hospital Quality Certification is the first program to independently assess

provider measurement programs.

- Accredited—2 years: NCQA awards a status of ‘Accredited—2 years’ to organizations that demonstrate performance of the functions outlined in the standards for CM accreditation.

It’s easy to find a UnitedHealth Premium Care Physician. Just go to myuhc.com[®] > Find a Provider. Choose smart. Look for the Tier 1 designation. Reminder your copay is \$25 for a tier 1 specialist and \$50 for a UHC non designated specialist.

Exceptional Cancer Care, For You and Your Family

SSEHP partners with Memorial Sloan Kettering Cancer Center (MSK), one of the top 2 ranked cancer hospitals in the nation, through a program called MSK Direct. MSK Direct is a benefit for SSEHP members that gives you, your family and friends the highest-quality cancer services for screening and prevention, diagnosis, treatment, and life after cancer for both adults and pediatric patients.

How Can MSK Direct Help?

MSK Direct is your pathway to the highest-quality cancer services for screening and prevention, diagnosis, treatment, and life after cancer – no matter where you are.

With MSK Direct, you have access to:

Coordinated appointments with MSK

doctors. A dedicated Care Advisor will gather all your medical records and schedule a timely, coordinated appointment with an MSK doctor who specializes in the type of cancer you have.

Navigational cancer support and guidance from a team of oncology-certified nurses.

Whether you choose to receive your care at MSK or somewhere closer to home, our dedicated team of oncology-certified nurses are here to support you and answer questions throughout your cancer journey.

Help choosing the right hospital for you, wherever you live.

Using our National Cancer Care Recommender tool, we can help you find the best cancer hospitals that are close to home and accepted by your insurance.

Expert opinions from MSK doctors without leaving home.

MSK doctors will provide you and your local doctor with an accurate diagnosis and a comprehensive, written treatment plan to guide your cancer care so you can benefit from MSK’s world-class expertise.

Cancer screenings and risk

assessments. We’ll provide you with personalized screening recommendations and advice on how to reduce your risk for cancer through our digital assessment and educational resources.

MSK is considered an in-network facility for the SSEHP, and virtual services through MSK is a covered benefit for SSEHP members.

Whether you have cancer, are concerned about your risk of cancer, or are a caregiver, MSK Direct is here for you. To get started with MSK Direct, call the SSEHP dedicated phone line at **833-825-4563** or visit

www.mskcc.org/ssehpc.