



Serving Employees and Retirees of School Districts in Smithtown, South Country, Three Village

Winter Bulletin 2021

Post 65 Retirees - SSEHP medical plan copays apply until you meet the Medicare Part B Deductible

As a reminder, you may be subject to copayments under the SSEHP plan until you've satisfied the Medicare Part B deductible. Generally, you will be asked for the copay during your first physician office visit of the year or receive a bill once your provider has received reimbursement. This copay is your responsibility. You will usually meet the Medicare Part B deductible during your first or second claim of the year.

The annual deductible for all Medicare Part B beneficiaries is \$233 in 2022.

The annual deductible for all Medicare Part A beneficiaries is \$1,556 in 2022.

DivvyDOSE for EQWP members

Suffolk School Employees Health Plan (SSEHP) Medicare Prescription Drug Plan (PDP) members do you take multiple

medications or supplements each day? Many of us do. Managing all your bottles and remembering when to take all your medications can be a lot. SSEHP through its partnership with OptumRx can help.

OptumRx and divvyDOSE™ have joined forces. divvyDOSE™ is a full-service pharmacy that pre-sorts your medications, vitamins, and supplements by day, date, and time. They put it all together for you. No missed doses. No more sorting. divvyDOSE™ takes out the guesswork so you can keep working on your health.

Get pre-sorted doses for all your vitamins, supplements, and medications. **One box, shipped to you each month.**

divvyDOSE™ will manage your prescription refills so that your medication will come to you every 30 days automatically.

divvyDOSE™ pharmacy is a participating retail pharmacy. Your standard retail copays will apply when you enroll with divvyDOSE.

If you are interested or would like to learn more, please feel free to contact divvyDOSE™ at,

By phone at 1-844-844-0186 TTY 711, 8 a.m.–7 p.m. CT. The team is ready to help.

Or visit divvyDOSE.com/optumrx to learn more.

The process is simple and easy. The divvyDOSE team will reach out to your current pharmacy and doctors to transfer your medications. divvyDOSE does all the work for you, helping you save time and simplifying the process for you.

divvyDOSE™ enrollment is voluntary and is free.

Free Meter Program

Regular blood sugar testing can help you manage your diabetes and may lead to better glucose control.

Take advantage of this great offer

Your plan offers a Free Meter Program. With this program, you can get a blood glucose meter at no charge. For information on the free meter, please contact Ascensia Diabetes Care, makers of the **ContourNext** brand at **1-800-401-8440**.

How to get your free meter

You, your doctor or caregiver can order directly. Just call **1-800-401-8440** and mention ID code **CTR-OPX**. **Below are meters available to order.**

ContourNext ONE Blood Glucose Meter

- The SmartLIGHT feature gives instant feedback of results
- Seamlessly connects to the **free Contour Diabetes app** to use as an electronic logbook and view data patterns/trends on a compatible* Bluetooth® enabled Android or iOS smartphone or tablet

ContourNext EZ Blood Glucose Meter

- Large, easy to read display makes it simple to see test results
- Ready to use out of the box

Both meters use **ContourNext Test Strips**

- Highly accurate^{1,2} test strip platform
- Compatible with all **ContourNext** branded meters

COVID-19 Resource Center

UnitedHealthcare is here to help. As the situation with COVID-19 changes, we'll continue to keep you updated on how to access the care, resources and support you need during this time. If you have questions about your benefits plan, sign in to your UnitedHealthcare health plan account.

COVID-19 vaccines

You can use the UHC vaccine locator tool to find vaccine resources in your area. FDA-authorized COVID-19 vaccines are available at no charge to you through the national public health emergency period.

COVID-19 testing

You can use the UHC testing locator tool to find a testing site in your area. COVID-19 testing and testing-related visits are available at no charge to you through the national public health emergency period.

Orthotic Coverage

Beginning April 1, 2022, the SSEHP plan will add a new level of coverage for orthotics. Members aged 12-21 will now have access to an annual \$500 maximum for orthotics. The benefit prior to April 1, 2022 is dependents 12 and up received \$500 maximum every three years for orthotics.

World-Class Cancer Care, Wherever You Are

SSEHP has partnered with Memorial Sloan Kettering Cancer Center (MSK), one of the top ranked cancer hospitals in the nation, through a program called MSK Direct. MSK Direct is a benefit for SSEHP members that gives you and your family dedicated access to exceptional cancer care, support, and expert resources from the world's leading specialists at Memorial Sloan Kettering Cancer Center.

MSK Direct is here to help across prevention, diagnosis, and treatment - from anywhere. MSK Direct will:

- schedule an initial appointment at your convenience, as quickly as within two days
- gather all necessary medical records
- provide logistical assistance, introductions to your care team, and continuous support throughout your care journey
- recommend a local facility for those who live far from MSK and prefer to be treated closer to home

- facilitate virtual care services, including a Comprehensive Care Plan for the patient and the local doctor - eliminating the need members and their families to travel to MSK for expert cancer care.

MSK is considered an in-network facility for the SSEHP, and virtual services through MSK is a covered benefit for SSEHP members. Whether you need treatment, a second opinion, or expert guidance on topics like prevention and caregiving, our team is here to help get you the best care possible every step of the way. To get started with MSK Direct, call the SSEHP dedicated phone line at 833-825-4563 or visit www.mskcc.org/ssehpcare.

